




Class Schedule Sept 2018—June 2019

Enrollment is Continuous!

American Allstars Gymnastics

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mini Stars (\$85) (2-4 yrs w/ parent)	5:45-6:30	10:45-11:30 5:30-6:15				9:30-10:15
Hoppers 1 (\$85) (3.5-4.5yrs)	5:00-5:45	10:00-10:45 5:30-6:15	5:30-6:15	10:45-11:30 4:45-5:30	4:45-5:30	9:30-10:15 11:15-12:00
Hoppers 2 (\$85) (4.5-5.5yrs)	5:45-6:30 6:30-7:15	4:45-5:30 6:15-7:00	6:15-7:00	10:00-10:45 5:30-6:15	5:30-6:15	10:15-11:00 11:15-12:00
Little Twisters (5.5-6.5yrs) (\$85)	5:00-5:45	4:45-5:30 6:15-7:00	4:45-5:30	4:45-5:30 6:15-7:00		12:00-12:45
High Flyers (6-7 yrs) (\$89)	4:45-5:45 6:30-7:30 7:15-8:15	4:45-5:45 5:30-6:30 7:00-8:00	4:45-5:45 5:30-6:30 6:30-7:30	4:45-5:45 6:15-7:15 7:00-8:00		9:30-10:30 11:45-12:45
Hot Shots * (6-8 yrs) (\$89)		6:15-7:15	5:30-6:30	5:30-6:30		11:00-12:00
Starlights (8 yrs & up) (\$89)	5:45-6:45 7:15-8:15	4:45-5:45 6:15-7:15 7:00-8:00	6:30-7:30 7:15-8:15	6:15-7:15 7:00-8:00		9:30-10:30 11:00-12:00
Starbrights* (8 yrs & up) (\$89)	6:30-7:30	5:30-6:30 7:00-8:00	4:45-5:45 7:15-8:15	6:15-7:15		10:15-11:15
Minibursts / Starbursts * (\$89) (\$109)	6:30-7:30	4:45-6:15 6:30-8:00	4:45-6:15	6:30-8:00		10:15-11:45
SuperStars* (\$116)		4:45-6:30		6:15-8:00		
Beginning & Intermediate Tumble (\$89)	7:15-8:15		7:15-8:15			10:15-11:15
Advanced / Elite* Tumbling (\$89)	7:15-8:15	7:00-8:00				11:45-12:45
Boys 1 (5-7) (\$85)				5:30-6:15		12:00-12:45
Boys (7-12) (\$89)				7:00-8:00		
Blue Level Performance Team (\$75)				5:30-6:15		
Black Level Performance Team (\$75)				4:45-5:30		
 Twirl M's Baton (5-14)		7:00-8:00				

Have you tried your free trial class in Gymnastics, Karate or Dance? Please stop by the front desk for more information!

3275 Martin Rd. Ste 125

Commerce, MI 48390

Enter off of Martin Parkway

www.AmericanAllstarsKids.com

248-668-9805

Classes with an asterisk () require an evaluation to get in to.*

Annual membership fee of \$35 for 1 child or \$50 for a family.

All classes have continuous enrollment each month September - June unless you fill out a Class Stop Form.

Class Schedule Sept 2018 - June 2019
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Pre-Dance (3-5 yrs)
Must be potty trained.

Pre-Ballet
 Mon: 5:00-5:30pm
 Tues: 5:50-6:20pm
 Wed: 5:00-5:30pm
 Thurs: 5:00-5:30pm

Pre-Stars
 Thurs: 5:35-6:05pm

30 minute class \$51/month
 45 minute class \$61/month

CLASS PACKAGE PRICING
 2 classes for \$99/month
 3 classes for \$150/month

September - April we offer new customers a **FREE TRIAL CLASS** in available classes.

Dance is located on the north side of the building.
 Enter off of Oakley Park Rd.

Ages 5-7 yrs

Ballet
 Tues: 4:45-5:30pm
 Thurs: 5:00-5:45pm

Jazz
 Mon: 5:00-5:45pm
 Thurs: 5:50-6:35pm

Funkercise
 Mon: 5:50-6:35pm

Combo
 Tues: 5:35-6:20pm
 Wed: 6:40-7:25pm

Ages 7-10 yrs

Ballet
 Tues: 6:25-7:10pm
 Wed: 5:00-5:45pm

Jazz
 Mon: 6:40-7:25pm
 Wed: 5:50-6:35pm

Lyrical
 Tues: 7:15-8:00pm

Combo
 Thurs: 6:40-7:25pm

Tap
 Mon: 5:50-6:35pm

Ages 10+ yrs

Ballet
 Mon: 7:30-8:15pm
 Thurs: 6:10-6:55pm

Jazz
 Tues: 6:25-7:10pm
 Thurs: 7:00-7:45pm

Lyrical
 Mon: 6:40-7:25pm

Combo
 Wed: 6:40-7:25pm

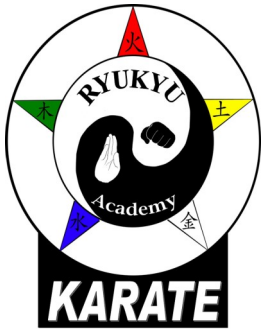
Dancers must be registered by **March 2019** to be eligible to participate in the **June Recital.**

Be a part of our **Snowflake Showcase!!**
 Occurs during class the week of December 3rd-6th!
 You must be enrolled for the months of **November & December** to participate.
 (No separate enrollment needed)

School's Out Day Camps
 9:00am-12:00pm
 (\$33 each / per student)

Tues, November 6th
 Mon, January 21st
 Fri, April 19th

Musical Theatre Class
Tuesdays
 Ages 5-8
 4:45-5:30pm
 Ages 6-10
 7:15-8:00pm



Karate is located on the south side of the building.
 Enter off of Martin Parkway

KARATE	Monday	Tuesday	Wednesday	Thursday	Saturday
Preschool Karate (3-5yrs) \$74/month	5:30-6:15	4:45-5:30	4:45-5:30 5:30-6:15	4:45-5:30	10:30-11:15
45 Minute Youth (5-12yrs) \$85/month	4:45-5:30 5:30-6:15	4:45-5:30	4:45-5:30 5:30-6:15	4:45-5:30	
60 Minute Youth (5-12 yrs) \$89/month	6:30-7:30	5:30-6:30 6:30-7:30	6:30-7:30	5:30-6:30 6:30-7:30	10:30-11:30
Teen Karate (12-15yrs) \$89/month	6:30-7:30	6:30-7:30	6:30-7:30	5:30-6:30	9:30-10:30
Adult Karate (16+) \$89/month	7:30-8:30	7:30-8:30		7:30-8:30	9:30-10:30
Weapons \$55*/month			7:30-8:15		11:30-12:15

Cardio Kick Boxing
 Our trainer will get you pumped up during this great workout. This class will raise your heart rate and help you tone your muscles.

Thurs
 6:45-7:30pm

the edge training center

Adult Open Gym
 Sun: 4:00-7:00pm

Adult Ninja Bootcamp
 Mon: 6:15-7:00pm
 Sat: 9:00-9:45am

Teen/Adult Bootcamp
 Mon - Fri: 9:00-9:45am
 Tues: 6:00-7:00pm
 Thurs: 6:15-7:00pm

Ninja Moms Boot Camp
 Wed: 7:00-7:45pm

Kickboxing
 Mon: 7:00-7:45pm
 Wed: 6:15-7:00pm

Yogalates
 Tues & Thurs: 7:00-7:45pm

Preschool Ninja (3-4 yrs) \$85/month	Nano Ninja (5-7 yrs) \$85/month	Novice Ninja (7-10 yrs) \$85/month	Power Ninja (10-14 yrs) \$85/month	Ninja Masters* Evaluation Required \$89/month
Parent Tot (3 yrs) Sat: 9:00-9:45am	Mon: 4:45-5:30 pm 5:30-6:15 pm Tues: 4:45-5:30 pm 5:30-6:15 pm 6:15-7:00 pm Wed: 4:45-5:30 pm 5:30-6:15 pm Thurs: 4:45-5:30 pm 5:30-6:15 pm Sat: 10:00-10:45 am	Mon: 4:45-5:30 pm Tues: 4:45-5:30 pm 5:30-6:15 pm 6:15-7:00 pm 7:00-7:45 pm Wed: 4:45-5:30 pm 5:30-6:15 pm Thurs: 4:45-5:30 pm 5:30-6:15 pm 6:15-7:00 pm 7:00-7:45pm Sat: 10:00-10:45 am 11:30-12:15pm	Mon: 4:45-5:30 pm 5:30-6:15 pm Tues: 5:30-6:15 pm 6:15-7:00 pm 7:00-7:45pm Wed: 3:00-3:45 pm 5:30-6:15 pm 6:15-7:00 pm Thurs: 5:30-6:15 pm 7:00-7:45pm Sat: 10:45-11:30 am	Masters 1 (7-10yrs) Mon: 5:30-6:30pm Wed: 6:15-7:15pm Thurs: 6:15-7:15pm Sat: 11:30am-12:30pm
Preschool (4 yrs) Tues: 10:00-10:45am 5:30-6:15pm Thurs: 5:30-6:15pm Sat: 10:45-11:30am				Masters 2 & 3 (10-13yrs & 13-15yrs) Mon: 5:30-6:30 pm Tues: 7:00-8:00pm Wed: 6:15-7:15pm Thurs: 6:15-7:15pm Sat: 11:30am-12:30pm
Ninja Training Sessions: Nano/Novice/Power Saturdays: 11:45-12:30pm \$25			Elite Ninja Masters 2/3* (*Invite Only) Mon: 6:15-7:15pm Thurs: 7:00-8:00pm Sat: 11:30am-12:30pm	

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