


## American Allstars Gymnastics

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Mini Stars</b> (\$85) (2-4 yrs w/ parent)	5:45-6:30	10:45-11:30 5:30-6:15				9:30-10:15
<b>Hoppers 1</b> (\$85) (3.5-4.5yrs)	5:00-5:45	10:00-10:45 5:30-6:15	5:30-6:15	10:45-11:30 4:45-5:30		9:30-10:15
<b>Hoppers 2</b> (\$85) (4.5-5.5yrs)	5:45-6:30 6:30-7:15	4:45-5:30 6:15-7:00	6:15-7:00	10:00-10:45 5:30-6:15		10:15-11:00 11:15-12:00
<b>Little Twisters</b> (5.5-6.5yrs) (\$85)	5:00-5:45	4:45-5:30 6:15-7:00	4:45-5:30	4:45-5:30 6:15-7:00		12:00-12:45
<b>High Flyers</b> (6-7 yrs) (\$89)	4:45-5:45 6:30-7:30	4:45-5:45 5:30-6:30 7:00-8:00	4:45-5:45 5:30-6:30 6:30-7:30	4:45-5:45 6:15-7:15 7:00-8:00		9:30-10:30 11:45-12:45
<b>Hot Shots *</b> (6-8 yrs) (\$89)		6:15-7:15	5:30-6:30	5:30-6:30		11:00-12:00
<b>Starlights</b> (8 yrs & up) (\$89)	5:45-6:45 7:15-8:15	4:45-5:45 6:15-7:15 7:00-8:00	6:30-7:30 7:15-8:15	6:15-7:15 7:00-8:00	5:45-6:45	9:30-10:30 11:00-12:00
<b>Starbrights*</b> (8 yrs & up) (\$89)	6:30-7:30	5:30-6:30 7:00-8:00	4:45-5:45 7:15-8:15	6:15-7:15	4:45-5:45	10:15-11:15
<b>Minibursts / Starbursts *</b> (\$89) (\$109)	6:30-7:30	4:45-6:15 6:30-8:00	4:45-6:15	6:30-8:00		10:15-11:45
<b>SuperStars*</b> (\$116)		4:45-6:30		6:15-8:00		
<b>Beginning &amp; Intermediate Tumble</b> (\$89)	7:15-8:15		7:15-8:15			10:15-11:15
<b>Advanced / Elite* Tumbling</b> (\$89)	7:15-8:15	7:00-8:00				11:45-12:45
<b>Boys 1 (5-7)</b> (\$85)				5:30-6:15		12:00-12:45
<b>Boys (7-12)</b> (\$89)	7:15-8:15 * Need Evaluation			7:00-8:00		
<b>Blue Level Performance Team</b> (\$75)				5:30-6:15		
<b>Black Level Performance Team</b> (\$75)				4:45-5:30		
 <b>Twirl M's Baton (5-14)</b> (\$89)		7:00-8:00				

3275 Martin Rd. Ste 125

Commerce, MI 48390

Enter off of Martin Parkway

[www.AmericanAllstarsKids.com](http://www.AmericanAllstarsKids.com)

248-668-9805

Classes with an asterisk (\*) require an evaluation to get in to.

Annual membership fee of \$35 for 1 child or \$50 for a family.

All classes have continuous enrollment each month September - June unless you fill out a Class Stop Form.

**Class Schedule Sept 2018 - June 2019**  
[www.AmericanAllstarsKids.com](http://www.AmericanAllstarsKids.com) 248-668-9805



**Pre-Dance (3-5 yrs)**

*Must be potty trained.*

**Pre-Ballet**

Mon: 5:00-5:30pm  
 Tues: 5:50-6:20pm  
 Wed: 5:00-5:30pm  
 Thurs: 5:00-5:30pm

**Pre-Stars**

Thurs: 5:35-6:05pm

30 minute class \$51/month  
 45 minute class \$61/month

**\*CLASS PACKAGE PRICING\***

2 classes for \$99/month  
 3 classes for \$150/month

September - April we offer new customers a **FREE TRIAL CLASS** in available classes.

Dance is located on the north side of the building.  
 Enter off of Oakley Park Rd.

**Ages 5-7 yrs**

**Ballet**

Tues: 4:45-5:30pm  
 Thurs: 5:00-5:45pm

**Jazz**

Mon: 5:00-5:45pm  
 Thurs: 5:50-6:35pm

**Funkercise**

Mon: 5:50-6:35pm

**Combo**

Tues: 5:35-6:20pm  
 Wed: 6:40-7:25pm

**Tap**

Wed: 5:50-6:35pm

**Hip Hop (7-12 yrs)**

Mon: 7:30-8:15pm

**Ages 7-10 yrs**

**Ballet**

Tues: 6:25-7:10pm  
 Wed: 5:00-5:45pm

**Jazz**

Mon: 6:40-7:25pm  
 Wed: 5:50-6:35pm

**Lyrical**

Tues: 7:15-8:00pm

**Combo**

Thurs: 6:40-7:25pm

**Tap**

Mon: 5:50-6:35pm

**Hip Hop (13 yrs & up)**

Wed: 7:30-8:15pm

**Ages 10+ yrs**

**Ballet**

Mon: 7:30-8:15pm  
 Thurs: 6:10-6:55pm

**Jazz**

Tues: 6:25-7:10pm  
 Thurs: 7:00-7:45pm

**Lyrical**

Mon: 6:40-7:25pm

**Combo**

Tues: 4:45-5:30pm  
 Wed: 6:40-7:25pm

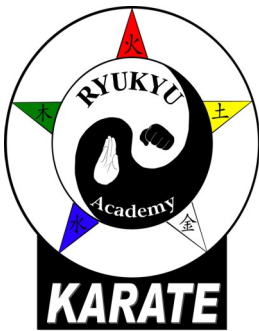
Dancers must be registered by **March 2019** to be eligible to participate in the **June Recital.**

Be a part of our **Snowflake Showcase!!**  
 Occurs during class the week of December 3rd-6th!  
 You must be enrolled for the months of **November & December** to participate.  
 (No separate enrollment needed)

**School's Out Day Camps**

9:00am-12:00pm  
 (\$33 each / per student)

Mon, September 10th      Mon, January 21st  
 Wed, September 19th      Fri, April 19th  
 Tues, November 6th



Karate is located on the south side of the building.  
 Enter off of Martin Parkway

<b>KARATE</b>	Monday	Tuesday	Wednesday	Thursday	Saturday
<b>Preschool Karate (3-5yrs)</b> \$74/month	5:30-6:15	4:45-5:30	4:45-5:30 5:30-6:15	4:45-5:30	10:30-11:15
<b>45 Minute Youth (5-12yrs)</b> \$85/month	4:45-5:30 5:30-6:15	4:45-5:30	4:45-5:30 5:30-6:15	4:45-5:30	
<b>60 Minute Youth (5-12 yrs)</b> \$89/month	6:30-7:30	5:30-6:30 6:30-7:30	6:30-7:30	5:30-6:30 6:30-7:30	10:30-11:30
<b>Teen Karate (12-15yrs)</b> \$89/month	6:30-7:30	6:30-7:30	6:30-7:30	5:30-6:30	9:30-10:30
<b>Adult Karate (16+)</b> \$89/month	7:30-8:30	7:30-8:30		7:30-8:30	9:30-10:30
<b>Weapons</b> \$55*/month			7:30-8:15		11:30-12:15

**Cardio Kick Boxing**

Your trainer will get you pumped up during this great workout. This class will raise your heart rate and help you tone your muscles.

*Thurs  
6:45-7:30pm*



**Adult Open Gym**  
 Sun: 4:00-7:00pm

**Adult Ninja Bootcamp**  
 Mon: 6:15-7:00pm  
 Sat: 9:00-9:45am

**Teen/Adult Bootcamp**  
 Mon - Fri: 9:00-9:45am  
 Tues: 6:00-7:00pm  
 Thurs: 6:15-7:00pm

**Ninja Moms Boot Camp**  
 Wed: 7:00-7:45pm

**Kickboxing**  
 Mon: 7:00-7:45pm  
 Wed: 6:15-7:00pm

**Yogalates**  
 Tues & Thurs: 7:00-7:45pm

<b>Preschool Ninja (3-4 yrs)</b> \$85/month	<b>Nano Ninja (5-7 yrs)</b> \$85/month	<b>Novice Ninja (7-10 yrs)</b> \$85/month	<b>Power Ninja (10-14 yrs)</b> \$85/month	<b>Ninja Masters* Evaluation Required</b> \$89/month
<b>Parent Tot (3 yrs)</b> Sat: 9:00-9:45am	<b>Mon:</b> 4:45-5:30 pm 5:30-6:15 pm <b>Tues:</b> 4:45-5:30 pm 5:30-6:15 pm 6:15-7:00 pm <b>Wed:</b> 4:45-5:30 pm 5:30-6:15 pm <b>Thurs:</b> 4:45-5:30 pm 5:30-6:15 pm <b>Sat:</b> 10:00-10:45 am	<b>Mon:</b> 4:45-5:30 pm <b>Tues:</b> 4:45-5:30 pm 5:30-6:15 pm 6:15-7:00 pm 7:00-7:45 pm <b>Wed:</b> 4:45-5:30 pm 5:30-6:15 pm <b>Thurs:</b> 4:45-5:30 pm 5:30-6:15 pm 6:15-7:00 pm 7:00-7:45pm <b>Sat:</b> 10:00-10:45 am 11:30-12:15pm	<b>Mon:</b> 4:45-5:30 pm 5:30-6:15 pm <b>Tues:</b> 5:30-6:15 pm 6:15-7:00 pm 7:00-7:45pm <b>Wed:</b> 3:00-3:45 pm 5:30-6:15 pm 6:15-7:00 pm <b>Thurs:</b> 5:30-6:15 pm 7:00-7:45pm <b>Sat:</b> 10:45-11:30 am	<b>Masters 1 (7-10yrs)</b> <b>Mon:</b> 5:30-6:30pm <b>Wed:</b> 6:15-7:15pm <b>Thurs:</b> 6:15-7:15pm <b>Sat:</b> 11:30am-12:30pm  <b>Masters 2 &amp; 3 (10-13yrs &amp; 13-15yrs)</b> <b>Mon:</b> 5:30-6:30 pm <b>Tues:</b> 7:00-8:00pm <b>Wed:</b> 6:15-7:15pm <b>Thurs:</b> 6:15-7:15pm <b>Sat:</b> 11:30am-12:30pm
<b>Ninja Training Sessions: Nano/Novice/Power Saturdays: 11:45-12:30pm \$25</b>		<b>The Edge is located on the north side of the building. Enter off of Oakley Park Rd.</b>		<b>Elite Ninja Masters 2/3* (*Invite Only)</b> Mon: 6:15-7:15pm