



www.AmericanAllstarsKids.com

3275 Martin Rd Suite 125 Commerce, MI 48390

248-668-9805



Call & ask about **FREE** trial classes!

13th annual Open House
Friday, August 3rd 4:30-7:30pm



2018 CAMPS & CLASSES



Registration Information



Key Things to Remember:

1. Pre-register for all camps, classes & clinics. They fill up!
2. All participants need a signed waiver on file.
3. Campers may be dropped off 15 minutes early, but must be picked up on time.
4. Camp is \$149 if you sign up for the SAME camp for all 5 days.
5. We do NOT issue refunds or make-ups if you are absent from camp or a flex class.

Registration is simple! You can call, go online, or register in person. Most camps are for kids ages 5 years and up, but some preschool camps start as young as 3 1/2 years. All campers must be fully potty trained.

Camps run 9:00am-12:00pm or 1:00pm-4:00pm. Half day campers need to bring 1 healthy snack and a water bottle. Full day campers will have a supervised lunch break from 12:00-1:00pm and should bring 2 healthy snacks, a water bottle and a lunch.

Campers must have a waiver signed by their guardian that contains contact phone numbers and a list of any allergies or other important information.

Dance, Ninja Warrior, and Red Cross are located on the north side of the building off of Oakley Park Road. Gymnastics, Karate, GymFit, Cheerleading, Baton and all other camps and classes are located on the south side of the building through the main gymnastics entrance. See map below.



Mon.	8:45	to	7:30
Tues.	8:45	to	7:00
Wed.	8:30	to	6:30
Thur.	8:45	to	7:00
Fri.	8:45	to	4:00
Sat.	CLOSED		
Sun.	CLOSED		

Main Office is located through the GYMNASIUMS entrance off of Martin Pkwy.

Facility is Closed (No Classes)
 June 29th - July 8th
 August 31st - September 3rd

Outdoor Golf Classes

(May 14th - October 1, 2018)

Our golf program is great for new and experienced students ages 5-12 years. Kids get to use the driving range, putting green and experience being out on a real golf course!

Union Lake Golf Course: 8295 Wise Rd. Commerce, MI 48382

Little Linksters (ages 5-9)
 Monday OR Wednesday
 5:30-6:15pm
 \$96/month

Par Shooters (ages 9-11)
 Monday OR Wednesday
 6:15-7:00pm
 \$96/month

Junior Pros (ages 11+)
 Wednesday
 7:00-7:45pm
 \$105/month

- New students can schedule 1 trial class for \$25 if space is available.
- Golfers will meet at the driving range.
- If it's raining we will schedule a make-up day, but we play if it's just misting.
- Golfers need to have a hat, sunscreen, water bottle & use the bathroom before class.
- Wear tennis shoes or golf shoes. NO sandals or flip flops!
- You can bring your own clubs or we can loan you some for the class.



2018 Summer Camps

Most camps are \$149/week per camp or \$33/day per camp.

All camps are for kids 5 yrs & up
(unless otherwise indicated)

All campers need a snack & water bottle.

LITTLE BIT OF EVERYTHING

Kids will do a variety of activities throughout the week including gymnastics, karate, rock wall, golf, trampoline and more! (6-12yrs)

Jul 9-13 9:00-12:00
Aug 6-10 1:00-4:00
Aug 20-24 9:00-12:00

BOYS BEING BOYS

This camp is high energy for boys ages 5-10. There are different themes each day including pirates, superheroes & sports. Each day will include themed games and activities.

Jul 16-20 9:00-12:00
Aug 13-17 9:00-12:00

CHEER & TUMBLE

Girls will learn lots of fun cheers & dances. They will work on leaps, turns, jumps, splits, tumbling and use the trampoline. Girls will perform the routines for parents on Friday at 3:40pm.

Aug 13-17 1:00-4:00

GIRLS BEING GIRLS

Girls will play games, make crafts & just be girly! Nail painting, hair styling, games, trampoline, circuits and more!

Jul 16-20 1:00-4:00
Aug 6-10 1:00-4:00

KIDS BEING KIDS

Kids do activities like building forts, obstacle courses, scavenger hunts, and trampoline. They also play games, do relay races, crafts, and use the gymnastics equipment. Weather permitting: water games on Friday.

Jun 18-22 9:00-12:00
Aug 13-17 1:00-4:00
Aug 27-30 9:00-12:00

OLYMPICS

Campers will carry the torch as they get a taste of a variety of Olympic events including gymnastics, soccer, track & field & more! Medal ceremony is at 3:50 on Friday.

Jul 23-27 1:00-4:00

NINJA WARRIOR (page 5)

KARATE (page 6)

DANCE (page 7)

GYMNASTICS

Campers will work on vault, bars, beams, floor & trampoline. Campers will be divided into groups by coaches based on age & ability each day.

Jun 18-22 1:00-4:00
Jun 25-28 1:00-4:00
Jul 9-13 1:00-4:00
Jul 16-20 9:00-12:00
Jul 23-27 9:00-12:00
Jul 30-Aug 3 1:00-4:00
Aug 6-10 9:00-12:00
Aug 13-17 9:00-12:00
Aug 20-24 9:00-12:00
Aug 20-24 1:00-4:00
Aug 27-30 1:00-4:00

ALLSTARS SPORTS

This active camp includes outdoor and indoor games! Campers will enjoy volleyball, soccer, lawn games, trampoline, races, water games & more!

Jul 23-27 9:00-12:00
Aug 13-17 1:00-4:00

GYMFIT

Kids ages 6-10 years will do circuits, obstacle courses & fitness challenges. They use the rings, ropes, rock wall, inflatable trampoline & more!
Campers need tennis shoes.

Jul 16-20 1:00-4:00
July 30-Aug 3 1:00-4:00
Aug 6-10 9:00-12:00
Aug 20-24 1:00-4:00

CRAFTS & PLAY

This camp lets kids be creative! Projects include: tie-dye, jewelry making, painting, drawing, 3D creations & much more! Kids will do individual and group activities, as well as play gym games.

Jul 9-13 1:00-4:00
Jul 23-27 1:00-4:00

HOLLYWOOD

Kids will have a blast creating music videos, commercials, playing charades, making a star for the walk of fame and just being a superstar! Movie premier on the last day!

Jul 30-Aug 3 9:00-12:00

TUMBLING

All levels! Cartwheels to back tucks! Learn to tumble for dance, cheerleading, gymnastics, or just to learn the proper way to flip! (6-14yrs)

Jun 25-28 9:00-12:00
Jul 30-Aug 3 9:00-12:00

Preschool Camps

(3.5-5.5yrs Must be fully potty trained!)

HOPPERS GYMNASTICS

Boys and girls will use the bars, beams, floor, spring boards & trampoline. Crafts, games and other fun activities will be included to keep them having fun.

Jun 18-22 1:00-4:00
Jul 9-13 1:00-4:00
Jul 16-20 1:00-4:00
Aug 13-17 9:00-12:00

PRINCESS & PLAY

Girls will spend the week being princesses! They will learn dances, play games in the gym, do themed arts & crafts, and host a tea party for parents on Friday at 3:40pm.

Jul 30-Aug 3 1:00-4:00

LITTLE BIT OF EVERYTHING JR.

Kids do a variety of activities throughout the week. They will try gymnastics, karate, climbing the rock wall, golf, trampoline & more!

Jul 9-13 9:00-12:00
Aug 6-10 1:00-4:00
Aug 20-24 9:00-12:00

NICK JR.

Boys and girls will spend the week experiencing the adventures that their favorite TV characters go on. Gym games, outdoor fun, crafts, obstacle courses & treasure hunts will keep them entertained and having lots fun!

Jun 25-28 1:00-4:00
Aug 20-24 1:00-4:00

BATON TWIRLING

Join Twirl-M's instructors to learn the basics of twirling, baton bodywork, marching and more! Batons will be available to borrow or you can purchase your own for \$30.

Ages 5-14 yrs. Please wear clean tennis shoes and comfortable clothes.

Baton Camp

Jul 9-11 9:00-12:00
Aug 27-30 1:00-4:00

All Out Allstar

This combo camp will let kids do a variety of activities like: dance, baton twirling, gymnastics & tumbling! Baton is scheduled for Monday & Wednesday.

Jul 9-13 1:00-4:00
Aug 20-24 1:00-4:00

Classes with an asterisk (*) require an evaluation.

**Per student, if you pay for 3 classes upfront your 4th class is free!

Class	Tuition	Monday	Tuesday	Wednesday	Thursday
Mini Stars (w/parent) (2 - 4yrs)	\$20.75		5:15-6:00pm		
Hoppers 1 & Hoppers 2 (3.5-4.5 yrs) & (4.5-5.5 yrs)	\$20.75	5:45-6:30pm	10:15-11:00am 4:45-5:30pm		10:15-11:00am 6:00-6:45pm
Little Twisters & Mavericks (5.5 - 6.5 yrs)	\$20.75	5:00-5:45pm		5:45-6:30pm	
High Flyers (6 - 7 yrs)	\$21.75	11:15am-12:15pm 6:30-7:30pm	6:00-7:00pm	4:45-5:45pm	4:45-5:45pm
Hot Shots* (6 - 8 yrs)	\$21.75	11:15am-12:15pm 6:30-7:30pm	6:00-7:00pm	4:45-5:45pm	4:45-5:45pm
Starlights (8 yrs & Up)	\$21.75	4:45-5:45pm 6:30-7:30pm	4:45-5:45pm	5:45-6:45pm	5:45-6:45pm
Starbrights* (8 yrs & Up)	\$21.75	4:45-5:45pm 6:30-7:30pm	4:45-5:45pm	5:45-6:45pm	5:45-6:45pm
Minibursts*, Starbursts* & Super Stars*	\$24.25		5:45-7:00pm		5:45-7:00pm
Tumbling (6 - 14yrs) *Evaluation for Wednesday	\$21.75		5:45-6:45pm Beginner- Intermediate	4:45-5:45pm Intermediate- Advanced*	
Boys - Mavericks (7 - 12 yrs)	\$21.75			5:45-6:45pm	

- Annual registration fee (\$35 for 1 student or \$50 per family) due for first time students or those whose registration anniversary date has lapsed.
- We DO NOT offer make-up classes or refunds with our Flex program . Please call at least 24 hours BEFORE the class to reschedule.
- Classes that are similar and run at the same time may be run together during the summer; depending on the number of students.



Get certified
American Red Cross
At American Allstars!

- ◆ Babysitting
- ◆ First Aid
- ◆ CPR

Babysitting, First Aid, CPR & AED
\$149

9:00am - 1:00pm
July 12 - 13 (Th & F)
or
July 30 - 31 (M & T)

This 2 day, hands on program, is for students ages 10-15 years old who want to be officially Red Cross certified in First Aid, CPR, AED & Babysitting. Students must attend both days and be strong enough to compress the Manikin to get certified in the CPR segment of the course.

We need a minimum of 4 participants to run each course.

This could actually be the most important class your student ever takes!

- Open to students ages 10-15yrs.
- Bring a snack & water bottle
- Official Red Cross certificate for each segment of the course that is passed. (Babysitting, First Aid, CPR & AED)
- All supplies & equipment are provided including:
 - Babysitting handbook
 - CPR breathing barrier & gloves
 - Adult/Child & Infant Manikins that light up
 - Handouts & video segments





The Edge Training Center

@the_edge_training_center

@EdgeNinja

Entrance is off of OAKLEY PARK RD. See map on page 2.

*All classes, camps, and clinics must be registered at least 24 hours in advance. Space is limited.

MONTHLY CLASSES

July 9 - August 31, 2018

Our classes combine classic strength and agility fundamentals with the added fun and excitement of Ninja Warrior Elements from TV! Athletes will get to try out our 6ft, 10ft, and 14ft Warped Walls, Salmon Ladder, Quad Steps, Pipe Slider, Spider Climb and MANY more. All of the activities translate to stronger, more coordinated athletes, prepared for any sport! *Classes are \$83/month*

Preschool Ninjas (3 yrs w/ parent & 4 yrs optional parent)

Mondays 5:30-6:15 pm

Wednesdays 5:30-6:15 pm

Nano Ninjas (5-7 years)

Mondays 6:15-7:00 pm

Tuesdays 5:30-6:15 pm; 6:15-7:00 pm

Wednesdays 6:15-7:00 pm

Thursdays 5:30-6:15 pm; 6:15-7:00 pm

Novice/Power Ninjas (7-14 years)

Mondays 5:30-6:15 pm; 6:15-7:00 pm

Tuesdays 5:30-6:15 pm; 6:15-7:00 pm

Wednesdays 5:30-6:15 pm; 6:15-7:00 pm

Thursdays 5:30-6:15 pm; 6:15-7:00 pm

Ninja Masters* (7-14 years; *Evaluation required) \$87/month

Mondays 6:15-7:15 pm

Tuesdays 6:15-7:15 pm

Wednesdays 6:15-7:15 pm

Thursdays 6:15-7:15 pm

NINJA TRAINING SESSIONS

Want to try a ninja class? Can't commit to the monthly schedule?

Training Sessions are the perfect solution!

Ninjas need dry tennis shoes and a water bottle.

45 minute youth sessions are \$25 each.

Nano Ninja Training Sessions (5-7 years)

Mondays & Wednesdays 4:45-5:30 pm

Tuesdays & Thursdays 6:15-7:00 pm

Novice/Power Ninja Training Sessions (7-14 years)

Mondays & Wednesdays 4:45-5:30 pm

Tuesdays & Thursdays 6:15-7:00 pm

**The classes listed above will be offered weekly.*

Please see our website for additional offerings.

Payment is due upon registration.



SUMMER CAMPS & CLINICS

Nano Ninja Camp (Ages 5-7)

Just because some of our ninjas are little, doesn't mean that they aren't mighty! We will be offering camps specifically tailored to our smaller ninjas allowing them to build confidence on ninja elements that are appropriate to their size! 9:00 am -12:00 pm. *\$40 each day.*

- June 18th, 19th, 27th, 28th
- July 9th, 10th, 19th, 20th, 23rd, 24th, 30th, 31st
- August 2nd, 3rd, 9th, 10th, 13th, 14th, 23rd, 24th

Ninja Warrior Camp (Ages 7-15)

Interested in testing your skills as a Ninja Warrior? Our Ninja Warrior Camp will combine the challenges of ninja warrior training with the fun and excitement of organized play.

9:00 am—12:00 pm. \$40 each day.

- June 21st & 22nd
- July 16th & 17th
- August 6th & 7th

1:00 pm—4:00 pm \$40 each day.

- June 25th & 26th
- July 11th, 12th & 13th; 16th & 17th; 25th, 26th & 27th
- August 1st, 2nd & 3rd; 15th, 16th & 17th; 20th & 21st

Advanced Ninja Skills Clinics (Ages 7-15) \$55 per clinic

For the serious Ninja Warriors, we will be offering Advanced Ninja Skills Clinics focused on the perfection of discipline and technique. These clinics will combine the use of technological aids and specialized training techniques to provide your ninja with the tools necessary to hone in on their techniques and tactics.

*Clinics will run Wednesday's 9:00-11:00 am beginning June 20th.**

**There will be no skills clinics on Wednesday, July 4th.*

ADULT NINJA TRAINING

Our instructors and small class sizes will make you feel like you have your own personal trainer. All fitness levels are welcome!

Adult Only Open Gym (15 & up)

Minors must be accompanied by a parent/legal guardian for first visit

Wednesdays 7:30-9:30 pm & Sundays 4:00-7:00pm

Teen/Adult Boot Camp

Mondays-Fridays 9:00-9:45 am, Thursdays 6:15-7:00 pm

Interval and resistance training. Great challenge for the trained athlete as well as the beginner!

Adult Ninja Boot Camp

Mondays 7:15-8:00 pm

Ninja Moms Boot Camp

Tuesdays 7:15-8:00 pm

Personal Training – Individual or small group training for kids, adults, and parent/child can be set up with Coach Carey.



Ask about BIRTHDAY PARTY options!



KARATE

15yrs & under Karate Classes

Preschool (3-5yrs)

Students will study with an emphasis on character and behavior development such as focus, discipline, self control and confidence. They will work on kicks, blocks and punches!

Mon: 4:45-5:30 **Tues:** 4:45-5:30
Wed: 4:45-5:30; 5:30-6:15
Thurs: 4:45-5:30 **Sat:** 10:30-11:15

Youth (5-12yrs)

Students will study with an emphasis on character development such as focus, discipline, self control, and confidence. They will work on kicks, blocks, punches and hand strikes. They will also learn kata, sparring, and weapons.

45 Minute Youth \$83 per month

Mon 4:45-5:30; 5:30-6:15 **Tues** 4:45-5:30
Wed 4:45-5:30; 5:30-6:15 **Thurs** 4:45-5:30

60 Minute Youth \$87 per month

Mon 6:30-7:30 **Tues** 5:30-6:30; 6:30-7:30
Wed 6:30-7:30 **Thurs** 5:30-6:30; 6:30-7:30 **Sat** 10:30-11:30

Teen (12-15yrs)

The teen program introduces teenage students to self-defense techniques and pressure points with study guides and homework, all while working the traditional kata and sparring activities. This class works study habits with the introduction of anatomy and physiology in a fun and age appropriate way. *\$87 per month*

Mon 6:30-7:30 **Tues** 6:30-7:30 **Wed** 6:30-7:30
Thurs 5:30-6:30 **Sat** 9:30-10:30

Weapons Class

Coordination, focus, and agility are really brought into high gear as students learn basic weapons and weapons kata for each weapon taught. The ancient Okinawan kobudo weapons of Bo Staff, Nunchuku and Sai are just some of the weapons that can be learned in our weapons class.

*This class does not count towards belt testing.
\$53/month if taking another class.*

Wed 7:30-8:15 **Sat** 11:30-12:15

KARATE CAMPS

Students should wear comfortable clothing or a karate uniform (Gi). New campers can get a uniform for the discounted price of \$10.

NINJA TURTLES

(4-10 yrs) \$149/week or \$33/day

Cowabunga Dude! Each day is themed after a different Ninja Turtle and their weapon. Learn the basics of these weapons and practice to see which Ninja Turtle you could be.

Donatello-bo staff; **Mikey**-nunchucks; **Raphael**-sai
Leo-2 short swords; **Splinter**-open hand

Jul 23-27 1:00-4:00

TRADITIONAL KARATE

(5-12yrs) \$33/day

Spend 4 days learning traditional kata, sparring, and self-defense. Students who attend all four days of camp are eligible for their next belt (up to purple belt). Intro students will learn the basics of each of the subjects and receive their 1st belt at the end of the week!

Jun 25-28 1:00-4:00
Aug 21-24 9:00-12:00

WEAPONS

(6-14yrs) \$33/day

Learn a traditional Okinawan weapon during the week. Students will learn weapons basics, traditional weapon safety, and an entire weapon kata. Weapon progression is as follows: bo, nunchucks, then sai. Students must pre-order a weapon at least 7 business days in advance to ensure they have it for the camp.

Jun 25-28 9:00-12:00
Aug 21-24 1:00-4:00

Adult Karate (16+)

This class focuses on balancing fitness and self-defense. Students work on self-defense techniques, kata and sparring to develop a well-rounded martial artist. The self-defense style is Ryukyu Kempo. It is one of the most effective and efficient forms of self-defense, allowing a smaller stature person to control a larger person. *\$87 per month*

Mon 7:30-8:30 **Tues** 7:30-8:30 **Thurs** 7:30-8:30 **Sat** 9:30-10:30

**Call NOW to schedule a
FREE trial class!**





www.AllstarsDanceStudio.com



DANCE CAMPS

All Dance Camp (9am-12pm)

Campers will spend each day exploring our CORE dance styles offered at the studio. Each day will be a combination of Jazz, Tap, Lyrical and Hip Hop. *(Bring white sole tennis shoes.)*

June 18-22 July 16-20 August 20-24

Popstar Camp (9am-12pm)

Campers will use their creative skills to become the POPSTAR they have always wanted to be! We will create music videos, CD covers, and individual acts that will culminate on the last day in our "Allstars Got Talent" Performance.

June 25-28 (M-Th) August 13-17

All That Jazz (9am-12pm)

Ever wanted to be on Broadway? Do you love musicals? This is the camp for you! Campers will learn Broadway dances, craft their own Allstars Dance Playbill & much more!

July 30 - August 2 (M-Th)

Funky Fit (9am-12pm)

Come get fit with us while dancing the morning away! Campers will do dance circuits & cardio drumming to today's top hits, staying completely active all morning. *(Bring white sole tennis shoes.)*

July 23-27 August 27-30 (M-Th)

All Out Allstar (1-4pm)

Campers will get to do a little bit of everything: dance, baton twirling, gymnastics & tumbling!

July 9-13 August 20-24

Camps are for students 6-12 yrs except preschool camps.

Camps are \$149 for the full week or \$33 a day.

Campers should wear comfortable clothing / dance wear, bring a snack & water bottle.

Dance entrance is off of OAKLEY PARK Rd. See map on page 2.

Pom & Spirit (9am-12pm)

Campers will learn Pom Pon routines and spirit chants throughout the week. On Friday they will perform for you as if it were the Big Game Half-Time Show! *(Bring white sole tennis shoes.)*

August 6-10

Girl Power (9am-12pm)

This camp is all about making girls feel fabulous all while staying active through dance. We will learn fun girl power routines, get pampered and do crafts!

July 9-13

PRESCHOOL CAMPS

3.5-5.5 yrs (9am-12pm)

Dancing Princess (\$89)

Come dressed in your princess dress ready to dance! Learn Disney princess themed dances each day paired with fun crafts!

July 16-18 (M-W) August 8-10 (W-F)

Shimmy & Shine (\$89)

This high energy camp is where campers will focus on Jazz and Hip Hop, paired with circuits, games & crafts from the TV show! *(Bring white sole tennis shoes.)*

July 24-26 (T-Th)

DANCE CLASSES

SUMMER FLEX SCHEDULE!!!

Classes run June 18 - 28 & July 9 - August 30, 2018

BUY 3 CLASSES GET THE 4TH

FREE!

Tuition/class:

40 min: \$13.50

45 min: \$14.75

1 hour: \$17.50

AGES 3.5—5.5

Pre-Stars: Mon or Wed 4:45-5:25

Pre-Ballet: Tues 4:30-5:10

Funkercise: Mon 4:45-5:25

AGES 5-8

Combo: Mon 5:30-6:15,

Tues 5:20-6:05, Wed 4:45-5:30

Hip Hop: Tues 4:30-5:15

Jazz: Tues 6:10-6:55

AGES 8+

Combo: Mon 5:30-6:30,

Tues 5:20-6:20

Jazz: Mon 6:35-7:20

Ballet: Wed 5:30-6:15

Hip Hop: Mon 6:20-7:05

AGES 12+

Hip Hop: Wed 5:30-6:15

2018 Camp Preview

Most camps are \$149/week per camp or \$33/day per camp.
Ninja camps are \$40 each & Red Cross certification is \$149.

Week # Dates	Morning camps run 9:00am - 12:00pm	Ages	Afternoon camps run 1:00pm - 4:00pm	Ages
Week 1: Jun 18-22	All Dance Nano Ninja (M-T) Ninja Warrior (Th-F) Kids Being Kids	6-12 yrs 5-7 yrs 7-15 yrs 5-12 yrs	Gymnastics Hoppers Gymnastics	5-14 yrs 3.5-5.5 yrs
Week 2: Jun 25-28*	Popstar Dance Nano Ninja (W-Th) Tumbling Karate Weapons	6-12 yrs 5-7 yrs 6-14 yrs 6-14 yrs	Ninja Warrior (M-T) Gymnastics Nick Jr. Traditional Karate	7-15 yrs 5-14 yrs 3.5-5.5 yrs 5-12 yrs
Week 3: Jul 9-13	Girl Power Nano Ninja (M-T) Red Cross (Th-F 9:00-1:00) Little Bit of Everything Little Bit of Everything Jr. Baton Twirling (M-W)	6-12 yrs 5-7 yrs 10-15 yrs 6-12 yrs 4-6 yrs 5-12 yrs	All Out Allstar Ninja Warrior (W, Th, F) Gymnastics Hoppers Gymnastics Crafts & Play Gymnastics Team All Returners (F)	6-12 yrs 7-15 yrs 5-14 yrs 3.5-5.5 yrs 5-12 yrs
Week 4: Jul 16-20	All Dance Dancing Princess (M-W) Ninja Warrior (M-T) Ninja Warrior (M-T) Nano Ninja (Th-F) Gymnastics Boys Being Boys	6-12 yrs 3.5-5.5 yrs 7-15 yrs 7-15 yrs 5-7 yrs 5-14 yrs 5-10 yrs	Ninja Warrior (M-T) Girls Being Girls Gymfit Hoppers Gymnastics Gymnastics Team All Returners (M-Th)	7-15 yrs 5-12 yrs 5-12 yrs 3.5-5.5 yrs
Week 5: Jul 23-27	Funky Fit Dance Shimmy & Shine (T-Th) Nano Ninja (M-T) Gymnastics Allstars Sports	6-12 yrs 3.5-5.5 yrs 5-7 yrs 5-14 yrs 5-12 yrs	Ninja Warrior (W-F) Olympics Crafts & Play Ninja Turtles Karate Gymnastics Team (New Silver & All Bronze)	7-15 yrs 5-12 yrs 5-12 yrs 4-10 yrs
Week 6: Jul 30-Aug 3	All That Jazz (M-Th) Red Cross (M-T 9:00-1:00) Nano Ninja (M-T) Tumbling Hollywood	6-12 yrs 10-15 yrs 5-7 yrs 6-14 yrs 5-12 yrs	Ninja Warrior (W-F) Gymnastics GymFit Princess & Play	7-15 yrs 5-14 yrs 5-12 yrs 3.5-5.5 yrs
Week 7: Aug 6-10	Pom & Spirit Dancing Princess (W-F) Ninja Warrior (M-T) Nano Ninja (Th-F) Gymnastics GymFit	6-12 yrs 3.5-5.5 yrs 7-15 yrs 5-7 yrs 5-14 yrs 5-12 yrs	Ninja Warrior (W-F) A Little Bit of Everything Little Bit of Everything Jr. Girls Being Girls Gymnastics Team (Returning Gold & Up)	7-15 yrs 6-12 4-6 5-12 yrs
Week 8: Aug 13-17	Popstar Dance Nano Ninja (M-T) Gymnastics Boys Being Boys Hoppers Gymnastics	6-12 yrs 5-7 yrs 5-14 yrs 5-10 yrs 3.5-5.5 yrs	Allstars Sports Cheer & Tumble Kids Being Kids Gymnastics Team (All Silver)	5-12 yrs 5-12 yrs 5-12 yrs
Week 9: Aug 20-24	All Dance Nano Ninjas (Th-F) Gymnastics Little Bit of Everything Little Bit of Everything Jr Traditional Karate (T-F)	6-12 yrs 5-7 yrs 5-14 yrs 6-12 yrs 4-6 yrs 5-12 yrs	All Out Allstar Ninja Warrior (M-T) Gymnastics Gymfit Nick Jr. Karate Weapons (T-F)	6-12 yrs 7-15 yrs 5-14 yrs 5-12 yrs 3.5-5.5 yrs 6-14 yrs
Week 10: Aug 27-30*	Funky Fit Dance Kids Being Kids	6-12 yrs 5-12 yrs	Gymnastics Baton Twirling	5-14 yrs 5-12 yrs

Blue camps are located on the SOUTH side of the building off of MARTIN PARKWAY.
Red camps are located on the NORTH side of the building off of OAKLEY PARK RD.
If campers sign up for morning & afternoon camp they will stay and eat lunch from 12:00-1:00.